

Skill Sheet

Control Bleeding using a CoTCCC-Recommended Hemostatic Dressing

Objective: Demonstrate the proper technique and procedures for applying a hemostatic dressing to control hemorrhage.

References:

PHTLS (Military Version) Eighth Edition, Jones and Bartlett Learning

Evaluation: Students will be evaluated as a Pass/Fail (P/F). The instructor will verify the accuracy of the student's ability to apply a hemostatic dressing effectively on the wound of a fellow student simulating a casualty by means of observing the student's procedures and technique.

Materials:

Student Checklist

Fully loaded medical aid bag to include the selected hemostatic dressing

Moulaged Manikin

Instructor Guidelines:

1. Provide each instructor with a Student Checklist.
2. Ensure student has all student-required materials
3. Read the Learning Objective and the evaluation method to the student.
4. Explain the grading of the exercise.
5. Allow time for the students to extract the information required from the instructor-provided scenario.

Performance Steps:

1. Expose the injury by opening or cutting away the casualty's clothing.
2. If possible, remove excess blood from the wound while preserving any clots that may have formed.
3. Locate the source of the most active bleeding.
4. Remove the hemostatic dressing from its sterile package and pack it tightly into the wound directly over the site of the most active bleeding.
5. More than one dressing may be required to control the hemorrhage.
6. Apply direct pressure quickly with enough force to stop the bleeding.
7. Hold direct pressure for a minimum of 3 minutes.
8. Reassess for bleeding control.
9. More dressing may be packed into the wound as necessary to stop any continued bleeding.
10. Leave the dressing in place.
11. Secure the hemostatic dressing in place with a pressure dressing.
12. Document and transport.

Control Bleeding using a Hemostatic Dressing

Task	Completed		
	1st	2nd	3rd
Verbalized: Do not use for minor wounds that do not entail severe bleeding.	P / F	P / F	P / F
Exposed the injury by cutting away the casualty's clothing.	P / F	P / F	P / F
Placed the hemostatic dressing directly into the wound where the bleeding was the heaviest.	P / F	P / F	P / F
Held pressure on the hemostatic dressing for 3 minutes.	P / F	P / F	P / F
<i>INSTRUCTOR: Inform the student that 3 minutes have passed.</i>			
Reassessed the wound to ensure that bleeding stopped – left the dressing in place if bleeding was controlled.	P / F	P / F	P / F
Applied a sterile pressure dressing over the hemostatic dressing to secure it in place.	P / F	P / F	P / F
Documented treatment.	P / F	P / F	P / F

Critical Criteria:

_____ Did not apply direct pressure for at least 3 minutes after application.

_____ Did not confirm hemostasis before applying pressure dressing.

Evaluator's Comments:

Student Name: _____ Date: _____

Evaluator: _____ Pass: _____ Fail: _____